



AL IMAN COLLEGE – EARLY LEARNING CENTRE

NEWSLETTER

Term 1 2021

Assalamu'alaikum

Dear Parent(s) and Guardian(s),

A warm welcome to all the children and parents that have joined us this year. Insyallah we

hope you have a pleasant and enjoyable learning experience with us. Alhamdulillah AIC ELC has been running

since 2016 and we are looking forward for new things introduced to improve our services to you. I will be the ELC Coordinator. Feel free to approach me for any feedback and concerns. Do check your email regularly. If you are interested to volunteer at ELC, do let us know. If you want to read your child's observation reports, feel free to approach us.

AYYUB RAHIMAHULLAH ON THE AUTHORITY OF HIS FATHER, WHO FROM HIS GRANDFATHER, NARRATES THAT RASULULLAH SALLALLAHU 'ALAIHI WASSALLAM SAID
"NO FATHER, GIVES HIS CHILD ANY GIFT BETTER THAN GOOD EDUCATION WITH EXCELLENCE IN ETIQUETTE AND MORALS"
(TIRMIDHI)

REMINDERS

1. Pack a set of extra clothing in the case of any accidents.
2. Bring your child's water bottle. It is important to stay hydrated.
3. Label your child's belongings.

4. Keep yourself updated with the allergy alert stated at the entrance.
 5. Send and pick up your child on time

during the Kinder timing; Mon, Wed & Fri (8.20am - 1.20pm) and Tue & Thu (8.20am - 3.50pm) or the time you book for the Long Day Care.

W'salam,
 Ms Ayu
 ELC Coordinator
 rahayu@aliman.vic.edu.au

IMPORTANT DATES

1st April
 Last day for Term 1

2nd & 5th April
 Public Holiday

13th April
 Ramadhan subject to moon sightings

19th April
 Kinder starts for Term 2

25th April
 Public Holiday

13th – 14th May
 Centre Closure for Eidul Fitri

8th June
 Public Holiday

25th June
 Last day for Term 2

26th June – 11th July
 School Holiday

12th July
 Kinder starts for Term 3

TERM 1 TOPICS

VEYLDF

Alhamdulillah everyone is settling down to the routines and are opening to their teachers and friends. Learning becomes fun when the children are comfortable and secure with the environment. Children are confident and become involved learners as they engaged with activities such as learning to write their names, identifying alphabets, numbers, shapes and colours.

We are Reggio Emilia inspired and most of the activities introduced are hands on, fun and exciting as we see children as constructor of their own knowledge and understanding. Children engaged with various activities such as playdough, messy play and use their imagination to construct and create.



Islamic

Allah becomes the center of our learning journey. Children learn that we are Muslims and Allah is our Creator (Al-Khaliq). We practiced reciting our Kalimah Tayyibah and Shahadah. We learn to identify that things around us are a creation of Allah s.w.t. Every morning we will recite simple surah and dua for protection.

Dua such as before/after eating and toileting were taught for the children to recite daily. All the Islamic contents are provided by the Religious Curriculum Coordinator.



Take away for parents.

Build your own healthy lunchbox!

Healthy food helps children grow healthy and strong. It is important for children's physical and mental development. Eating a healthy balanced diet helps them to develop their immune system, concentrate better and gives them more energy to get through the day. Therefore, it is important to make sure we provide our children with healthy and nutritious foods.

A good way to start incorporating healthy foods would be in children's lunchboxes. Here are some easy and healthy snack ideas which you can include:

Healthy snacks

- Wholegrain bread & cereals
- Yoghurt
- Rice crackers
- Sliced up vegetables.
- Chopped up fruits.
- Cheese cut into sticks.
- Fruit smoothies
- Raisin toast

Healthy lunch

- Pasta with sauce and cheese.
- Leftover from the night before.
- Boiled eggs
- Rice and noodles
- Whole meal sandwiches, pita wrap or bread roll with:
 - mashed egg and lettuce
 - chicken, cheese & grated carrot
 - lean cold meat, lettuce & tomato
 - tuna, corn, and lettuce.



3 tips to encourage children to eat healthy food:

- Put a variety of colourful fruits and vegetables into your child's lunchbox.
- Be a role model to your children by eating healthy foods.
- Cut food into different shapes and sizes.



A friendly reminder that we are a nut free centre as some of the children in this facility have allergies to nuts (this includes Nutella spread). Alongside this we also discourage children bringing chocolate and lollies to the centre as we mainly promote healthy eating habits